

Volunteer!

Montgomery County  
DEPARTMENT OF RECREATION  
Therapeutic Recreation  
3950 Ferrara Drive  
Wheaton, Maryland 20906



## Volunteer Opportunities with Montgomery County Department of Recreation Therapeutic Recreation Program

# Discover the Rewards of Volunteering!



*Make a difference while having fun, meeting other people, and learning new skills by giving your time assisting people with disabilities to participate in recreation programs.*

## Volunteer Opportunities

*The Therapeutic Recreation Team of the Montgomery County Department of Recreation offers a variety of options to assist individuals with disabilities. Find the volunteer opportunity that best suits your interests or schedule.*

### Choices:

#### Classes

Classes for people with disabilities include swimming and pottery for adults, aerobic exercise classes for older teens and adults, and karate and sports programs for children 6 and up. Check out the current Guide to Recreation and Parks or visit our website: [www.montgomerycountymd.gov/rec](http://www.montgomerycountymd.gov/rec) for an up-to-date list of current offerings. These classes run all year, with 6-10 weekly classes per season.

#### Adult Social Clubs

Several weekend social clubs are offered for people with disabilities. These groups go on outings to restaurants, theaters, sporting events and more. Volunteers and staff help club members enjoy recreational activities in the community and the surrounding area. Seasonal activity schedules vary.

#### Mainstream Companions

Volunteers assist people with disabilities participate in recreation classes and activities. Companions provide one-on-one support to individuals with a disability who wish to participate in general recreation programs with their non-disabled peers. The need for volunteers is year round.

### Special Events

A number of special events such as theme dances, pool parties and picnics are offered throughout the year. Assisting with one of these events is a great opportunity to volunteer on a one time basis.

### Office/Administrative Support

Do you have computer skills in Word or Access? Help is always welcome in the office supporting the recreational needs of people with disabilities.

### Summer Day Camps & Programs

To volunteer in a camp for children or teens with disabilities, or as a mainstream companion for a child in a summer camp, please request our summer volunteer packet. (There is a fee for training.)

**Call 240-777-4925 or  
visit us on the web at  
[montgomerycountymd.gov/rec](http://montgomerycountymd.gov/rec)**



Qualifications

To be a volunteer you must:

- Be at least 14 years old
- Be able to commit to the length of the program
- Be willing to share your enthusiasm for recreational activities with others.
- Provide three references who you have known for at least one year.
- Meet the specific expectations as discussed during the interview.
- Complete the Volunteer Registration Form in this flyer.

Return it to:  
Montgomery County  
Department of Recreation  
Therapeutic Programs  
3950 Ferrara Drive  
Wheaton MD 20906

Or complete on line at:  
[www.montgomerycountymd.gov/rec](http://www.montgomerycountymd.gov/rec)



For more information call:  
240-777-4925  
TTY 240-777-6974

Locations

Volunteers are needed throughout Montgomery County.

Student Service Learning Credit

Montgomery County Department of Recreation Therapeutic Program is a Montgomery County Public Schools Approved Agency

Dates/Times/General Information

Most assignments during the fall, winter and spring involve working with adults during evening hours but some assignments are mornings, after school or on weekends for 1-3 hours. A weekly commitment for 6-10 weeks is common, although there are many variations. A limited number of assignments involve working with children or teens.



MONTGOMERY COUNTY DEPARTMENT OF RECREATION  
Volunteer Registration

Name: \_\_\_\_\_ ☐ Male ☐ Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ zip: \_\_\_\_\_

Phone: (home) ( ) ( ) ( ) (work) ( ) ( ) (cell) ( ) ( )

E-mail Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: (home) ( ) ( ) ( ) (work) ( ) ( ) (cell) ( ) ( )

Education: \_\_\_\_\_ Highest Grade Completed: \_\_\_\_\_ Degrees Earned: \_\_\_\_\_

Other Training or Education: \_\_\_\_\_

Special Skills, Interests, Languages, Hobbies: \_\_\_\_\_

Current Occupation or School: \_\_\_\_\_ ☐ full time ☐ part time

**Motivation for Volunteering:**

☐ School Community Service Hours ☐ Experience ☐ Court Ordered Service ☐ Other: \_\_\_\_\_

**Placement Preference:**

☐ Classes ☐ Social Club ☐ Special Event ☐ Mainstream companion ☐ Office/Administrative support.

**Availability:** ☐ Daytime ☐ Evenings ☐ Weekend ☐ Flexible

What type of transportation will you use to get to the program?

☐ Self ☐ Family ☐ Public Transportation ☐ Other: \_\_\_\_\_

I understand that if I require an accommodation to perform my volunteer assignment, I need to discuss any medical or other needs with the person in charge prior to the beginning of the assignment. I acknowledge that my signature validates the above information as correct and I am looking forward to volunteering with Montgomery County Department of Recreation.

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_